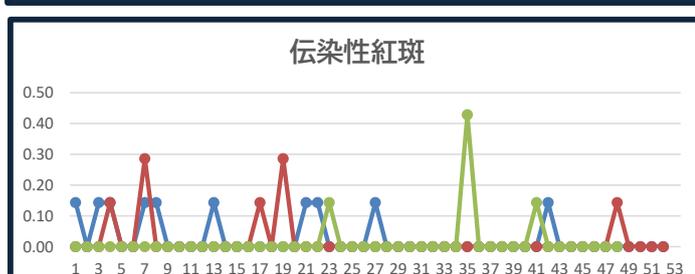
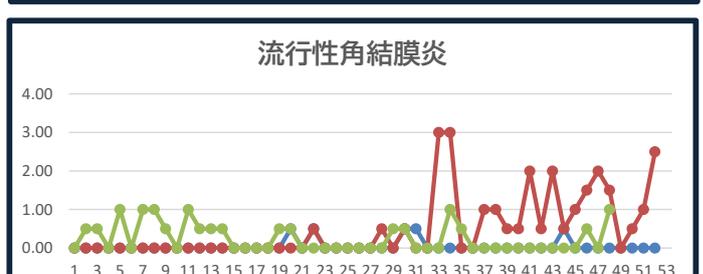
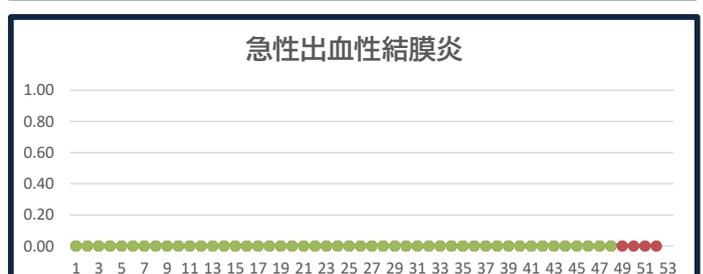
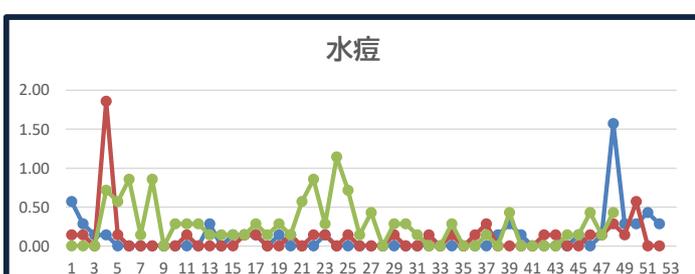
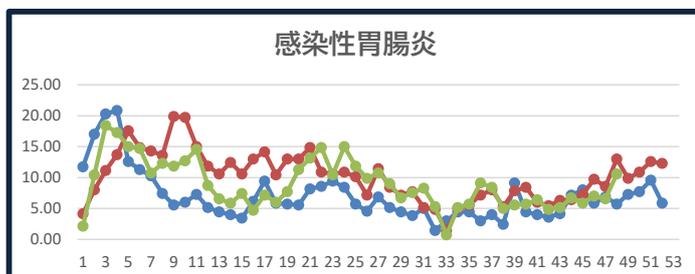
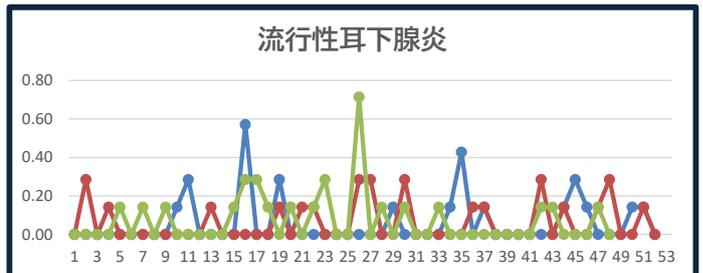
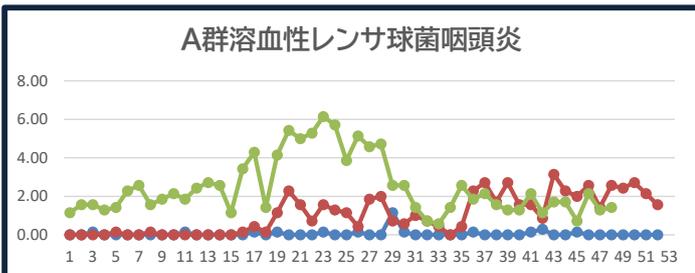
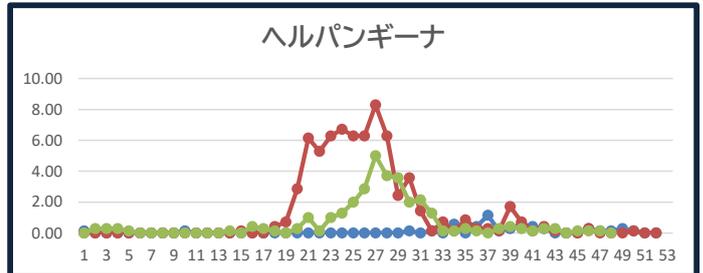
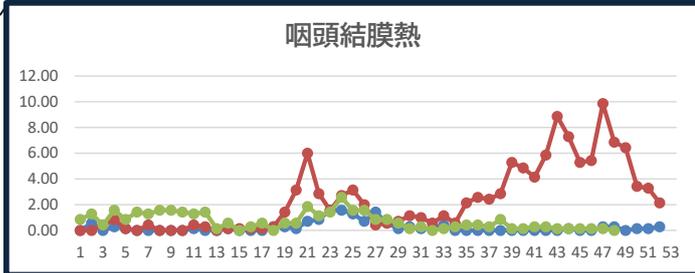
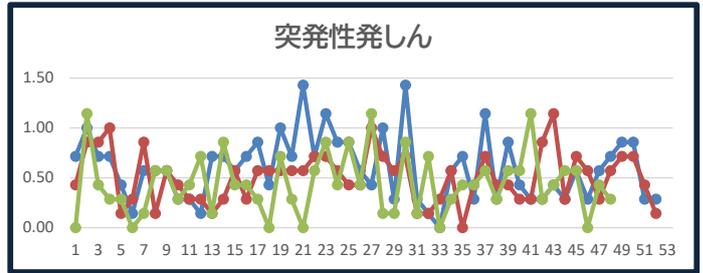
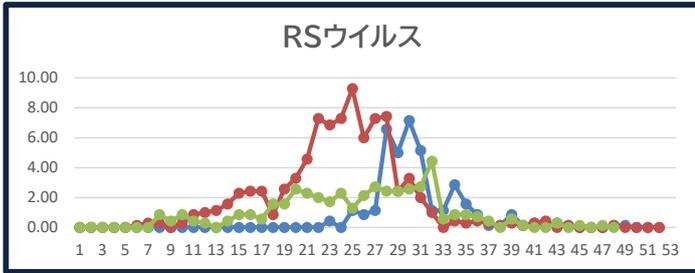




定点把握対象感染症発生状況(グラフ/過去3年間)

● 2022 ● 2023 ● 2024



冬季は要注意！

# ノロウイルス 対策

## 特徴

- 10月頃から流行し、冬季がピーク
- 感染力が強く、集団発生を起こしやすい
- 主な症状は下痢、腹痛、嘔吐



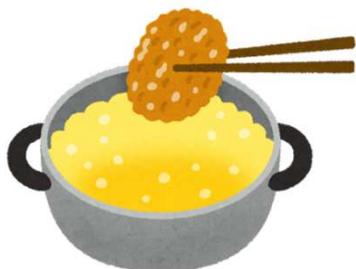
## 手洗い

- ①外出から戻った時
- ②トイレの後
- ③食品・食材などを取り扱う時  
など、こまめに手を洗う  
(2度洗いが効果的です)



## 加熱

食品の中心部が  
85℃～90℃で90秒以上



## 洗浄・消毒

中性洗剤で洗浄  
次亜塩素酸ナトリウム  
希釈液に漬け置き消毒

